



An Ethnobotanical Survey of Foot Hill Village Shah Allah Ditta of Margalla Hills

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Table S1. Ethnobotanical information of plants from the Shah Allah Ditta, district Islamabad.

Sr. no.	Plant name	Family	Vernacular name	Habitat	Part used	Ethnomedicine	Fruit	Vegetable	Fodder	Fuel	other	Use value index	Use value %
1	<i>Barleria acanthoides</i> Vahl	Acanthaceae	wari booti	Shrub	Whole plant	+	-	-	-	-	-	1	0.66
2	<i>Dicliptera roxburghiana</i> Nees	Acanthaceae	Somni	Herb	Leaves, flower top	+	-	-	+	-	-	2	1.32
3	<i>Achyranthes aspera</i> L.	Amaranthaceae	Poth Kanda	Herb	Whole plant	+	-	-	-	-	-	1	0.66
4	<i>Achyranthes bidentata</i> Blume	Amaranthaceae	-	Herb	Roots, leaves and stems	+	-	-	-	-	-	1	0.66
5	<i>Amaranthus graecizan</i> L.	Amaranthaceae	Malero	Herb	Leaves	+	-	-	+	-	-	2	1.32
6	<i>Amaranthus hybridus</i> L.	Amaranthaceae	karund	Herb	Leaves	-	-	+	-	-	-	1	0.66
7	<i>Amaranthus ovalifolius</i> L.	Amaranthaceae	Choleri	Herb	Leaves	+	-	-	-	-	-	1	0.66

8	<i>Amaranthus viridis</i> L.	Amaranthaceae	cholai	Herb	Leaves	+	-	-	+	-	-	2	1.32
9	<i>Alternanthera pungens</i> Kunth	Amaranthaceae	Kabli kaidr	Herb	Leaves	+	-	-	-	-	-	1	0.66
10	<i>Anethum graveolens</i> L.	Amiaceae	Soya	Herb	Seeds, leaves.	-	-	+	-	-	+	2	1.32
11	<i>Allium fistulosum</i> L.	Amaryllidaceae	Hari piaaz	Herb	Whole plant	-	-	+	-	-	-	1	0.66
12	<i>Coriandrum sativum</i> L.	Apiaceae	dhanya	Tree	Leaves and stem	+	-	+	-	-	-	2	1.32
13	<i>Carissa opaca</i> Stapf ex Haines	Apocynaceae	Garanda	Shrub	Leaves	+	-	-	-	-	-	1	0.66
14	<i>Calotropis procera</i> (Linn.) Aiton f.	Asclepiadaceae	Akk	Herb	Leaves, Latex	+	-	-	-	-	-	1	0.66
15	<i>Bidens biternata</i> (Lour.) Merr. & Sherff	Asteraceae	Kakronda	Herb	Leaves	+	-	-	-	-	-	1	0.66
16	<i>Chrysanthemum indicum</i> L.	Asteraceae	Gul-e-Daudi	Herb	Leaves	-	-	-	-	-	+	1	0.66
17	<i>Conyza bonariensis</i> (L.) Cronq.	Asteraceae	Gidar buti	Shrub	Leaves	+	-	-	-	-	-	1	0.66
18	<i>Conyza canadensis</i> (L.) Cronquist.	Asteraceae	paleet	sub shrub	Leaves and stem	+	-	-	+	-	-	2	1.32
19	<i>Parthenium hysterophorus</i> L.	Asteraceae	Chatak Chandni	sub shrub	Stem and Root	+	-	-	-	-	-	1	0.66
20	<i>Silybum marianum</i> (L.) Gaertner	Asteraceae	Kandiyari	Herb	Whole plant	+	-	-	-	-	-	1	0.66
21	<i>Sonchus asper</i> L.	Asteraceae	Dodal	Herb	Whole plant	+	-	-	-	-	-	1	0.66
22	<i>Tagetes minuta</i> L.	Asteraceae		Tree	Seed and stem	-	-	-	-	-	+	1	0.66
23	<i>Jacaranda mimosifolia</i> D. Don (J. ovalifolia R. Br.)	Bignoniaceae	Nila Gul Mohar	Tree	Leaves	+	-	-	-	-	-	1	0.66
24	<i>Bombax ceiba</i> L.	Bombacaceae	Simbal	Tree	Bark	+	-	-	-	-	-	1	0.66
25	<i>Brassica campestris</i> L.	Brassicaceae	Sarsoo	Herb	Stem, Leaves and Seed	-	-	+	+	-	+	3	1.99
26	<i>Brassica rapa</i> L.	Brassicaceae	Sheljum	Herb	Root and leaves	-	-	+	-	-	-	1	0.66
27	<i>Capsella bursa-pastoris</i> (L.) Medic.	Brassicaceae	Ghass	Herb	Leaves	-	-	-	+	-	-	1	0.66
28	<i>Coronopus didymus</i> (L.) Sm.	Brassicaceae	Jangli haloon	Herb	Whole plant	-	-	-	-	-	+	1	0.66
29	<i>Raphanus sativus</i> L.	Brassicaceae	Mooli	Herb	Root	+	-	+	-	-	-	2	1.32
30	<i>Brassica oleracea</i> cv. Botrytis	Brassicaceae		Shrub	aerial parts	-	-	+	-	-	-	1	0.66
31	<i>Cannabis sativa</i> L.	Cannabaceae	bhang	Shrub	Leaves, Flowering top	+	-	-	+	-	+	3	1.99
32	<i>Bauhinia variegata</i> L.	Casalpinaceae	Kanchnar	Tree	Bark, flowers	+	-	+	-	-	-	2	1.32
33	<i>Cassia fistula</i> L.	Casalpinaceae	Amaltas	Tree	Root, bark	+	-	-	-	-	-	1	0.66
34	<i>Cleome viscosa</i> Linn.	Capparidaceae	hur	Herb	Seeds, leaves, roots	+	+	+	-	-	-	3	1.99
35	<i>Carica papaya</i> L.	Caricaceae	papita	Tree	Fruit, leaves	+	+	-	-	-	+	3	1.99

36	<i>Chenopodium album</i> L.	Chenopodiaceae	Batho	Herb	Leaves	+	-	-	-	-	-	1	0.66
37	<i>Chenopodium ambrosioides</i> L.	Chenopodiaceae	-	Herb	Stem and leaves	+	-	-	-	-	-	1	0.66
38	<i>Spinacia oleraceae</i> L.	Chenopodiaceae	Palak	Herb	Stem, leaves	-	-	+	-	-	-	1	0.66
39	<i>Convolvulus arvensis</i> L.	Convolvulaceae	leli	Climber	Leaves	+	-	-	-	-	-	1	0.66
40	<i>Ipomoea carnea</i> Jacq	Convolvulaceae	Akri	Shrub	Leaves	+	-	-	-	-	-	1	0.66
41	<i>Merremia aegyptia</i> (L.) Urb.	Convolvulaceae	-	Herb	Leaves	+	-	-	-	-	-	1	0.66
42	<i>Thuja orientalis</i> L.	Cupressaceae	WarhaSarwa	Shrub	Leaves	+	-	-	-	-	-	1	0.66
43	<i>Euphorbia helioscopia</i> L.	Euphorbiaceae	Chhatri dodak	Herb	Roots milky juice	+	-	-	-	-	-	1	0.66
44	<i>Euphorbia hirta</i> L.	Euphorbiaceae	dudhi	Herb	Leaves	+	-	-	-	-	-	1	0.66
45	<i>Ricinus communis</i> L.	Euphorbiaceae	Arind	Herb	Seed	+	-	-	-	-	+	2	1.32
46	<i>Sapium sebiferum</i> (L.) Roxb.	Euphorbiaceae	Vilayiti shishtum	Tree	Leaves	+	-	-	-	+	+	3	1.99
47	<i>Cassia absus</i> L.	Fabaceae	Chaksu	Tree	Leaves	+	-	-	-	-	-	1	0.66
48	<i>Dalbergia sissoo</i> Roxb., ex DC.	Fabaceae	Tali	Tree	Wood, Leaves and Roots	+	-	-	-	-	-	1	0.66
49	<i>Medicago polymorpha</i> L.	Fabaceae	Maina	Herb	leaves and young branches	+	-	+	-	-	-	2	1.32
50	<i>Pongamia pinnata</i> L.	Fabaceae	Sukh Chain	Tree	Fruit, leaves	+	-	-	-	-	-	1	0.66
51	<i>Rhynchosia minima</i> (L.) DC.	Fabaceae		Herb	Leaves	+	-	-	-	-	-	1	0.66
52	<i>Trigonella foenum-graecum</i> L.	Fabaceae	maethi	Herb	Whole	-	-	+	-	-	-	1	0.66
53	<i>Vicia faba</i> L.	Fabaceae	Rewari	Herb	Seeds, leaves	-	-	+	+	-	-	2	1.32
54	<i>Vigna trilobata</i> Walp.	Fabaceae		Herb	Leaves	-	-	-	+	-	-	1	0.66
55	<i>Fumaria indica</i> (Husskn.) H.N. Pugsley	Fumariaceae	Shahtra papra	Herb	Whole plant	+	-	-	-	-	-	1	0.66
56	<i>Mentha longifolia</i> L.	Lamiaceae	Podina	Herb	Leaves, flowers	+	-	-	-	-	+	2	1.32
57	<i>Ajuga parviflora</i> Bth	Lamiaceae	Butey	Herb	Whole plant	+	-	-	-	-	-	1	0.66
58	<i>Malva neglecta</i> Waller	Malvaceae	Saunchal	Herb	Leaves	+	-	-	-	-	-	1	0.66
59	<i>Malvestrum coromendelianum</i> (L.) Garck	Malvaceae	Dhamhni Buti	Herb	Leaves	+	-	-	-	-	-	1	0.66
60	<i>Melia azedarach</i> L.	Meliaceae	Dharek	Tree	Leaves, wood	+	-	-	+	+	-	3	1.99
61	<i>Prosopis juliflora</i> Swartz	Mimaceae	angli kihar	Shrub	Wood, pods	+	-	-	-	+	-	2	1.32
62	<i>Acacia modesta</i> Wall.	Mimosaceae	Phulai	Tree	Branches	-	-	-	-	+	+	2	1.32
63	<i>Albizia lebbeck</i> (L.) Bth	Mimosaceae	Shareen	Tree	Entire plant	+	-	-	+	+	-	3	1.99
64	<i>Broussonetia papyrifera</i> (L.) L' Herit. ex Vent	Moraceae	Kaghzi tut	Tree	Bark, leaves, stem	-	-	-	+	-	+	2	1.32

65	<i>Ficus benghalensis</i> L.	Moraceae	borh	Tree	Entire plant	-	-	-	-	+	+	2	1.32
66	<i>Ficus carica</i> Linn.	Moraceae	Enzar	Tree	Wood, Leaves, Fruit, Latex	-	+	-	+	+	-	3	1.99
67	<i>Ficus elastica</i> Roxb.	Moraceae	Rubber plant	Tree	Latex, wood	-	-	-	-	+	+	2	1.32
68	<i>Ficus religiosa</i> L.	Moraceae	Pipal	Tree	Wood, Bark, Fruits	+	-	-	-	-	-	1	0.66
69	<i>Morus alba</i> L.	Moraceae	Tut	Tree	Fruits, wood	+	+	-	-	+	-	3	1.99
70	<i>Morus nigra</i> L.	Moraceae	Tor Toot	Tree	Leaves, fruits, branches, wood	-	+	-	+		+	3	1.99
71	<i>Anagallis arvensis</i> L.	Myrsinaceae	Billi boote	Herb	Leaves	+	-	-	-	-	-	1	0.66
72	<i>Callistemon citrinus</i> (Curtis) Skeels	Myrtaceae	Bottle brush	Tree	Branches	-	-	-	-	+	-	1	0.66
73	<i>Eucalyptus globules</i> Labill.	Myrtaceae	safaida	Tree	Leaves	+	-	-	-	-	-	1	0.66
74	<i>Psidium guajava</i> L.	Myrtaceae	amrood	Tree	Leaves, fruit	+	+	-	-	-	-	2	1.32
75	<i>Syzygium cumini</i> (L.) Skeels	Myrtaceae	jaaman	Tree	Leave, bark, fruit, nut	+	+	-	-	-	-	2	1.32
76	<i>Boerhavia procumbens</i> Banks ex Roxb	Nyctaginaceae	itsit	Herb	Leaves	+	-	-	-	-	-	1	0.66
77	<i>Olea ferruginea</i> Royle	Oleaceae	Kao	Tree	Fruit, leaves, bark, wood	+	+	-	-	+	+	4	2.64
78	<i>Oxalis corniculata</i> L.	Oxalidaceae	Khatti Boti	Herb	Leaves	-	-	-	-	-	+	1	0.66
79	<i>Butea monosperma</i> (Lam.) O. Kuntz.	Papilionaceae	Chichra	Tree	Seeds, gum	+	-	-	-	-	-	1	0.66
80	<i>Arundo donax</i> L.	Poaceae	Narh	Herb	Stem	-	-	-	-	-	+	1	0.66
81	<i>Brachiaria distachya</i> (L.) Stapf	Poaceae	Ghass	Grass	aerial parts	-	-	-	+	-	-	1	0.66
82	<i>Brachiaria eruciformis</i> (Sm.) Griseb.	Poaceae	Ghass	Grass	aerial parts	-	-	-	+	-	-	1	0.66
83	<i>Cenchrus ciliaris</i> L.	Poaceae	Ghass	Grass	aerial parts	-	-	-	+	-	-	1	0.66
84	<i>Cynodon dactylon</i> (L.) Pers.	Poaceae	Kabal	Grass	aerial parts	-	-	-	+	-	-	1	0.66
85	<i>Dactyloctenium aegyptium</i> (L.) Beauv.	Poaceae	Gandeel	Grass	aerial parts	-	-	-	+	-	-	1	0.66
86	<i>Dichanthium annulatum</i> (Forsk.) Stapf.	Poaceae	Murgha ghas	Grass	aerial parts	-	-	-	+	-	-	1	0.66
87	<i>Sorghum halepense</i> (L.) Pers.	Poaceae	Buron	Grass	Whole plant	-	-	-	+	-	-	1	0.66
88	<i>polygonum</i> spp	Polygonaceae	-	Herb	Root	+	-	-	-	-	-	1	0.66
89	<i>Rumex dentatus</i> L.	Polygonaceae	Jangli palak	Herb	Root	+	-	-	-	-	-	1	0.66
90	<i>Grevillea robusta</i> Cunn. Ex R. Br.	Proteaceae	-	Tree	Stem	-	-	-	-	+	-	1	0.66
91	<i>Sageretia theezans</i>	Rhamnaceae	-	Shrub	Leaves and fruits	-	-	-	+	+	-	2	1.32
92	<i>Zizyphus mauritiana</i> Lam.	Rhamnaceae	Beri	Tree	Fruits and wood	-	+	-	-	+	-	2	1.32

93	<i>Zizyphus nummularia</i> Burm.	Rhamnaceae	Ber	Tree	Leaves	-	-	-	-	-	+	1	0.66
94	<i>Eryobotrya japonica</i> (Thunb.) Lindl	Rosaceae	Lokat	Tree	Fruit, root	+	+	-	-	-	-	2	1.32
95	<i>Citrus limon</i> Burm.f.	Rutaceae	leemon	Tree	Fruit	-	+	-	-	-	-	1	0.66
96	<i>Citrus sinensis</i> (L.) Osbeck	Rutaceae	Kinno/Malta	Tree	Fruit	+	-	-	-	-	+	2	1.32
97	<i>Murraya exotica</i> L.	Rutaceae	-	Tree	Leaves	+	-	-	-	-	-	1	0.66
98	<i>Dodonea viscosa</i> (L.) Jacq	Sapindaceae	shrub	Shrub	Leaves	+	-	-	-	-	-	1	0.66
99	<i>Solanum nigrum</i> L.	Solanaceae	Mako	Herb	Berries, leaves	+	-	-	-	-	-	1	0.66
100	<i>Solanum melongena</i> L.	Solanaceae	Beigan	Herb	Fruit	-	-	+	-	-	-	1	0.66
101	<i>Grewia tenax</i> (Forssk.) Fiori	Tiliaceae	Gwangi	Shrub	Leaves and branches	-	-	-	+	+	-	2	1.32
102	<i>Lantana camara</i> L.	Verbenaceae	Punj phuli	Shrub	Leaves, stem	-	-	-	+	-	-	1	0.66
103	<i>Vitex negundo</i> L.	Verbenaceae	Nirgud	Shrub	Roots and leaves	+	-	-	-	-	-	1	0.66
104	<i>Tribulus terrestris</i> L.	Zygophyllaceae	-	Herb	Whole plant	+	-	-	-	-	-	1	0.66

Table S2. Ethnomedicinal information of plants.

Sr. no.	Plant name	Local name	Family	Part used	Method of use	Disease treated
1	<i>Barleria acanthoides</i> Vahl	Wari booti	Acanthaceae	Whole plant	Decoction	Cold
2	<i>Achyranthes aspera</i> L.	Poth kanda/ Latjira	Amaranthaceae	Whole plant	Decoction	Toothache
3	<i>Achyranthes bidentata</i> Blume	Latjira (variant)	Amaranthaceae	Roots, leaves and stems	Extract	Toothache
4	<i>Amaranthus graecizan</i> L.	Malero	Amaranthaceae	Leaves	Paste	Wounds
5	<i>Amaranthus ovalifolius</i> L.	Choleri	Amaranthaceae	Leaves	Decoction	Flu and fever
6	<i>Amaranthus viridis</i> L.	Cholai	Amaranthaceae	Leaves	Powder, Decoction	Boils, flue and fever
7	<i>Alternanthera pungens</i> Kunth	Kabli kaidr	Amaranthaceae	Leaves	Decoction	Headache and fever.
8	<i>Coriandrum sativum</i> L	Dhaniya	Apiaceae	Leaves and stem	Decoction	Diarrhea
9	<i>Carissa opaca</i> Stapf ex Haines	Garanda	Apocynaceae	Leaves	Decoction	Hepatitis
10	<i>Calotropis procera</i> (Linn.) Aiton f.	Akk	Asclepiadaceae	Leaves, Latex	Latex	Wounds
11	<i>Bidens biternata</i> (Lour.) Merr. & Sherff	Kakronda	Asteraceae	Leaves	Extract	Ear affections
12	<i>Conyza bonariensis</i> (L.) Cronq.	Gidar booti	Asteraceae	Leaves	Decoction	Dysentery and diarrhea
13	<i>Conyza canadensis</i> (L.) Cronquist.	Paleet	Asteraceae	Leaves and stem	Decoction	Diarrhea

14	<i>Parthenium hysterophorus</i> L.	Chatak chandni	Asteraceae	Stem and Root	Paste	Skin disorders
15	<i>Silybum marianum</i> (L.) Gaertner	Kandiyari / Milk thistle	Asteraceae	Whole plant	Extract	liver and skin diseases
16	<i>Sonchus asper</i> L.	Dodal	Asteraceae	Whole plant	Paste	Wounds and boils.
17	<i>Jacaranda mimosifolia</i> D. Don (J. ovalifolia R. Br.)	Nila gul mohar	Bignoniaceae	Leaves	Extract	Sores
18	<i>Bombax ceiba</i> L.	Simbal	Bombacaceae	Bark	Powder	Wounds
19	<i>Raphanus sativus</i> L.	Mooli	Brassicaceae	Root	Extract	Jaundice and digestive problems
20	<i>Cannabis sativa</i> L.	Bhang	Cannabaceae	Leaves, Flowering top	Decoction	Diarrhea
21	<i>Bauhinia variegata</i> L.	Kachnar	Casalpiniaceae	Bark	Paste	Sore throat
22	<i>Cassia fistula</i> L.	Amaltas	Casalpiniaceae	Fruit	Pulp	Constipation
23	<i>Cleome viscosa</i> Linn.	Hur	Capparidaceae	Leaves	Decoction	Wounds
24	<i>Carica papaya</i> L.	Papita	Caricaceae	leaves	Infusion	Intestinal worms.
25	<i>Chenopodium ambrosioides</i> L.	Jangli bathua	Caricaceae	Stem and leaves	Extract	Fever
26	<i>Convolvulus arvensis</i> L.	Leli	Convolvulaceae	Leaves	Spinach	Constipation
27	<i>Ipomoea carnea</i> Jacq	Akri	Convolvulaceae	Leaves	Decoction	Skin diseases
28	<i>Merremia aegyptia</i> (L.) Urb.	Jangli bel	Convolvulaceae	Leaves	Powder	Dressing for burns
29	<i>Thuja orientalis</i> L.	Warha sarwa	Cupressaceae	Leaves	Oil	Respiratory tract infections
30	<i>Euphorbia helioscopia</i> L.	Chhatri dodak	Euphorbiaceae	Roots milky juice	Extract	Skin eruptions
31	<i>Euphorbia hirta</i> L.	Dudhi	Euphorbiaceae	Leaves	Decoction	Asthma, chronic bronchial effections and skin disorders.
32	<i>Ricinus communis</i> L.	Arind	Euphorbiaceae	Seed	Oil	Tumors, swellings and intestinal worms
33	<i>Cassia absus</i> L.	Chaksu	Fabaceae	leaves	Paste	Sores
34	<i>Dalbergia sissoo</i> Roxb. ex DC.	Tali/Shisham	Fabaceae	Wood, Leaves and roots	Decoction	Diarrhea
35	<i>Medicago polymorpha</i> L.	Maina	Fabaceae	leaves and young branches	Spinach	Digestive problems
36	<i>Pongamia pinnata</i> L.	Sukh chain	Fabaceae	leaves	Decoction	Digestive problems
37	<i>Rhynchosia minima</i> (L.) DC.	Jangli lobia	Fabaceae	Leaves	Decoction	Urinary tract infections.
38	<i>Fumaria indica</i> (Husskn.) H.N. Pugsley	Shahtra papra	Fumariaceae	Whole plant	Decoction	Fever and diarrhea
39	<i>Ajuga parviflora</i> Bth	Butey	Lamiaceae	Whole plant	Extract	Tonsillitis
40	<i>Malva neglecta</i> Waller	Saunchal	Malvaceae	leaves	Decoction	Bronchitis and cough.

41	<i>Malvestrum coromendelianum</i> (L.) Garck	Dhamhni booti	Malvaceae	Leaves	Paste	Pain
42	<i>Melia azedarach</i> L.	Dharek	Meliaceae	Leaves	Paste	Pimples
43	<i>Prosopis juliflora</i> Swartz	Angrezi kikar	Mimoceaceae	Wood, pods	Extract	Weight deficiency
44	<i>Acacia modesta</i> Wall	Phulai	Mimosaceae	Branches	Miswak	Teeth cleansing
45	<i>Albizia lebbeck</i> (L.) Benth	Shareen	Mimosaceae	Bark	Powder	Itching and skin diseases
46	<i>Ficus religiosa</i> L.	Pipal	Moraceae	Leaves, Bark	Powder, Decoction	Jaundice
47	<i>Morus alba</i> L.	Safed toot	Moraceae	Fruits	Pulp	Digestive problems
48	<i>Anagallis arvensis</i> L.	Billi booti	Myrsinaceae	leaves	Decoction	Sores and pain in the liver
49	<i>Eucalyptus globules</i> Labill	Safaída	Myrsinaceae	Leaves	Decoction	Fever
50	<i>Syzygium cumini</i> (L.) Skeels	Jamun	Myrsinaceae	Fruit, Bark	Decoction	Fever
51	<i>Boerhavia procumbens</i> Banks ex Roxb	Itsit	Nyctaginaceae	Leaves	Decoction	Pain in Joints
52	<i>Olea ferruginea</i> Royle	Kao/Wild olive	Oleaceae	Leaves	Decoction	Diabetes
53	<i>Butea monosperma</i> (Lam.) O. Kuntz	Dhak/Chichra	Papilionaceae	Seeds, gum	Paste	Skin diseases
54	<i>polygonum</i> spp.	Anjbar/Knotweed	Polygonaceae	Root	Infusion	Fever and diarrhea
55	<i>Rumex dentatus</i> L.	Jangli palak	Polygonaceae	Root	Paste	Cutaneous disorders
56	<i>Eryobotrya japonica</i> (Thunb.) Lindl	Lokat	Rosaceae	Fruit, root	Decoction	Pulmonary diseases, constipation
57	<i>Murraya exotica</i> L.	Kamini	Rosaceae	Leaves	Decoction	Cough, fever, and infectious wounds
58	<i>Dodonea viscosa</i> (L.) Jacq	Sanatha	Sapindaceae	Leaves	Paste	Wounds,
59	<i>Solanum nigrum</i> L.	Makoh	Solanaceae	Berries, leaves	decoction	Cough, cold, and fever
60	<i>Vitex negundo</i> L.	Bana	Verbenaceae	Roots and leaves	Extract	Cough, cold, and fever
61	<i>Tribulus terrestris</i> L.	Gokhru	Zygophyllaceae	Whole plant	Extract	Positive effect on the immune system